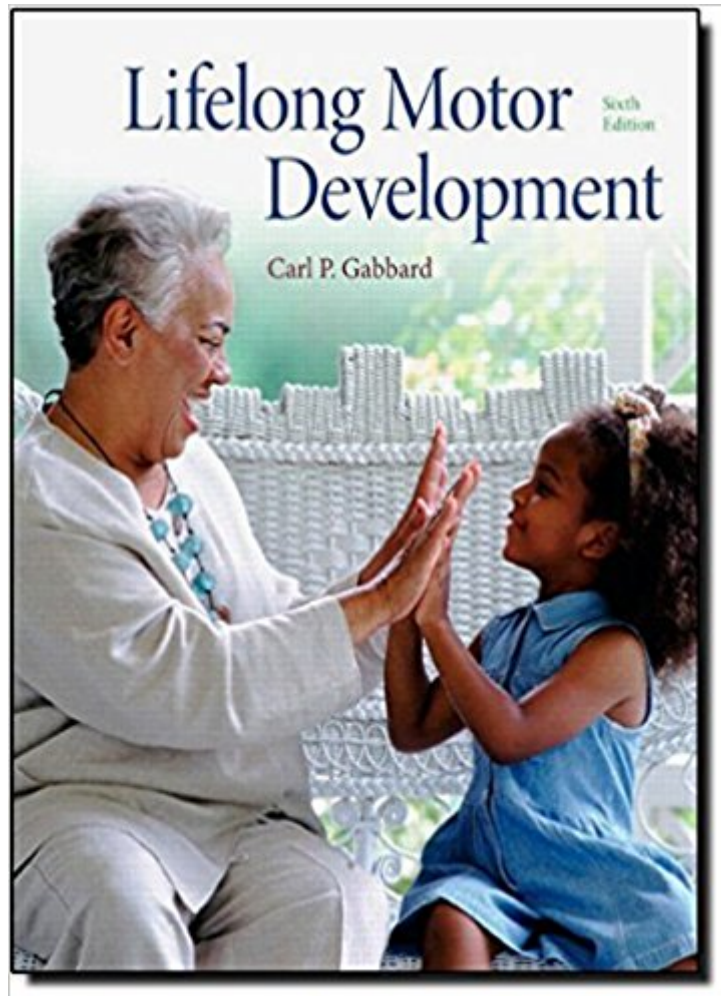




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# Lifelong Motor Development (6th Edition)



## Synopsis

Lifelong Motor Development, Sixth Edition, is a comprehensive, science-based text covering background, theory, and research in the field of physical growth and motor behavior across the life span, as well as the practical application of these concepts. The Sixth edition focuses on the notion that the study of motor development is the study of change. In order to truly understand the multicausal and complex nature of motor development, this book was created and continues with the goal of introducing students to not a single theoretical explanation, but the most prominent theories and views that underscore our understanding of change in motor developmentâ “establishing the Sixth edition as still the most scientific, contemporary, and applicable text of its kind.

## Book Information

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## Customer Reviews

This book explores the fascinating subject of motor development from birth through adulthood. The most comprehensive and up-to-date, scientifically based book available, Lifelong Motor Development, Third Edition, reviews the latest theory and research to help readers understand physical growth and motor development across the lifespan. The nature/nurture theme pervades, stimulating critical thinking and giving an exciting perspective from which to consider the biological and environmental influences on the various aspects of motor development. Highlights the latest findings in early brain development research and the importance of that research on motor behavior and application of knowledge. New research includes studies on perception, dynamical systems,

infant (motor) memory, psychomotor slowing, and physical fitness. For anyone interested in physical education, kinesiology, exercise science, and human performance. --This text refers to an out of print or unavailable edition of this title.

Carl Gabbard is Professor and Director of Motor Development Studies at Texas A&M University in College Station, Texas, and a Fellow of The American Academy of Kinesiology and Physical Education. He teaches both graduate and undergraduate courses in motor development. He has published numerous articles related to motor development and physical activity for infants and children. Gabbard has co-authored and reviewed several major curricular documents for National Association for Sport and Physical Education (NASPE) and the American Heart Association (AHA). In addition to being honored as the Southern District AAHPERD Scholar in 2003, Gabbard has received the Karpovich Lecturer recognition from Springfield College and the Margie R. Hanson Distinguished Service Award from AAHPERD. Gabbard is a former president of the NASPE (membership of 18,000) and served as Chair of the Motor Development section for the North American Society for the Psychology of Sport and Physical Activity. He continues to be a contributing member of the Motor Development Academy.

I don't think the information flowed smoothly, as to keep me engaged. Had a lot of information in it that was good, but if you are not trying to be a P.E teacher or a Physical Therapist, you didn't really need all this information. Did feel a lot of the information was designed for Early Childhood Majors. Just wanted to know what I needed to know.

Fairly well written for a text book- fairly easy to read and understand the material. Easy to read- diagrams are very helpful information seems to be up to date (this is a 2012 version I believe) Delivered quickly with Prime.

This was one of my required texts for a recent college course. The book does not delve into great detail, but rather provides mushy blend of psychology and physiology that is ultimately too simplistic to explore motor development and decline. My teacher expressed frustration in being unable to find a true motor development text book, and he explained that this was the best among the flawed texts available. For those looking for an introduction to motor development for high school students, this might be a place to start, but if you are a college professor in search of a challenging text, please do not assign this one.

This book is very useful for my Primary Education degree, with a PE specialism. I will be referring to it frequently.

Perfect.

Great rental for affordable price

The book was a great value. There is not much difference from the 1st edition and my professor allowed the use of this one so the cost was excellent. The information in the book is well thought through.

The book was in awful shape, still readable but had a huge sticker on the front saying it was a rented book not to buy it back. It's very embarrassing to have in class

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